February 2018 Fitness Schedule-Bobby Miller Activity Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 9:00-9:45a GIT Fit 9:00-10:00a Zumba® 10:00-11:00a Deep Water 10:00-11:00a Forever Young 5:30-5:45 Core 6:00-7:00p Zumba®	30 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Boot Camp 5:30-5:45 Zumba Core & Glutes® 6:00-7:00 Zumba Toning® 6:30-7:20 Water Aerobics	31 5:45-6:00 Zumba Core & Glutes® 6:00-7:00p Zumba® - Rachel	1 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Zumba® 10:00-11:00a Forever Young 5:00-6:00p Boot Camp 6:00-7:00p Zumba® 6:30-7:20 Water Aerobics	2 9:00-9:45a GIT Fit	3
4	5 9:00-9:45a GIT Fit 9:00-10:00a Zumba® 10:00-11:00a Deep Water 10:00-11:00a Forever Young 5:30-5:45 Core 6:00-7:00p Zumba®	6 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Boot Camp 5:30-5:45 Zumba Core & Glutes® 6:00-7:00 Zumba Toning® 6:30-7:20 Water Aerobics	7 5:45-6:00 Zumba Core & Glutes® 6:00-7:00p Zumba® - Stacey	8 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Zumba® 10:00-11:00a Forever Young 5:00-6:00p Boot Camp 6:00-7:00p Zumba® 6:30-7:20 Water Aerobics	9 9:00-9:45a GIT Fit	10
11	12 9:00-9:45a GIT Fit 9:00-10:00a Zumba® 10:00-11:00a Deep Water 10:00-11:00a Forever Young 5:30-5:45 Core 6:00-7:00p Zumba®	13 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Boot Camp 5:30-5:45 Zumba Core & Glutes® 6:00-7:00 Zumba Toning® 6:30-7:20 Water Aerobics	14 5:45-6:00 Zumba Core & Glutes® 6:00-7:00p Zumba® - Rachel Valentine's Day	15 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Zumba® 10:00-11:00a Forever Young 5:00-6:00p Boot Camp 6:00-7:00p Zumba® 6:30-7:20 Water Aerobics	16 9:00-9:45a GIT Fit	17
18	19 9:00-9:45a GIT Fit 9:00-10:00a Zumba® 10:00-11:00a Deep Water 10:00-11:00a Forever Young 5:30-5:45 Core 6:00-7:00p Zumba®	20 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Boot Camp 5:30-5:45 Zumba Core & Glutes® 6:00-7:00 Zumba Toning® 6:30-7:20 Water Aerobics	21 5:45-6:00 Zumba Core & Glutes® 6:00-7:00p Zumba® - Stacey	22 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Zumba® 10:00-11:00a Forever Young 5:00-6:00p Boot Camp 6:00-7:00p Zumba® 6:30-7:20 Water Aerobics	23 9:00-9:45a GIT Fit	24

25	26 9:00-9:45a GIT Fit 9:00-10:00a Zumba® 10:00-11:00a Deep Water 10:00-11:00a Forever Young 5:30-5:45 Core 6:00-7:00p Zumba®	27 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Boot Camp 5:30-5:45 Zumba Core & Glutes® 6:00-7:00 Zumba Toning® 6:30-7:20 Water Aerobics	28 5:45-6:00 Zumba Core & Glutes® 6:00-7:00p Zumba® - Rachel	March 1 8-8:30 Pilates 9:00-10:00a Water Aerobics 9:00-10:00a Zumba® 10:00-11:00a Forever Young 5:00-6:00p Boot Camp 6:00-7:00p Zumba® 6:30-7:20 Water Aerobics	March 2 9:00-9:45a GIT Fit	March 3