

Aerobic Zone

Jerry Tingle Activity Center

October 2020

Sunday CLOSED	Monday 5:00a-7:00p	Tuesday 5:00a-7:00p	Wednesday 5:00a-7:00p	Thursday 5:00a-7:00p	Friday 5:00a-7:00p	Saturday 8:00a-1:00p
				1	2	3
*Aerobic Swim = Allows any type of Aerobic Exercise *Open Swim = Allows any type of Recreational Swimming *Open Swim May Be Closed For Pool Rentals *Pool Schedule is subject to change. *Please call before you leave 205-277-8195 *Check out our FB Page for pool closures for private rentals*				5:00a-8:15a Aerobic ONLY 8:15a-9:00a Water Aerobics (12) 9:00a-5:30p Aerobic/Open Swim 5:30p-6:30p Aqua Dance (10) 7:00p Pool Closes	5:00a-11:00a Aerobic ONLY 11:00a-12:00p Aqua Dance (10) 12:00p-7:00p Aerobic/Open Swim 7:00p Pool Closes	8:00a-10:00a Open Swim/Aerobic 10:00a Open Swim 1:00p Pool Closes
4	5	6	7	8	9	10
CLOSED	5:00a-8:30a Aerobic ONLY 8:30a-9:30a Aqua Dance (10) 9:30a-5:30p Aerobic/Open Swim 5:30a-6:30p Water Aerobics (12) 7:00p Pool Closes	5:00a-8:15a Aerobic ONLY 8:15a-9:00a Water Aerobics (12) 9:00a-7:00p Aerobic/Open Swim 7:00p Pool Closes	5:00a-9:00a Aerobic ONLY 9:00a-7:00p Aerobic/Open Swim 7:00p Pool Closes	5:00a-8:15a Aerobic ONLY 8:15a-9:00a Water Aerobics (12) 9:00a-5:30p Aerobic/Open Swim 5:30p-6:30p Aqua Dance (10) 7:00p Pool Closes	5:00a-11:00a Aerobic ONLY 11:00a-12:00p Aqua Dance (10) 12:00p-7:00p Aerobic/Open Swim 7:00p Pool Closes	8:00a-10:00a Open Swim/Aerobic 10:00a Open Swim 1:00p Pool Closes
11	12	13	14	15	16	17
CLOSED	5:00a-8:30a Aerobic ONLY 8:30a-9:30a Aqua Dance (10) 9:30a-5:30p Aerobic/Open Swim 5:30a-6:30p Water Aerobics (12) 7:00p Pool Closes	5:00a-8:15a Aerobic ONLY 8:15a-9:00a Water Aerobics (12) 9:00a-7:00p Aerobic/Open Swim 7:00p Pool Closes	5:00a-9:00a Aerobic ONLY 9:00a-2:00p Aerobic/Open Swim 2:00-4:00p Remote Learning 4:00p-7:00p Open Swim 7:00p Pool Closes	5:00a-8:15a Aerobic ONLY 8:15a-9:00a Water Aerobics (12) 9:00a-5:30p Aerobic/Open Swim 5:30p-6:30p Aqua Dance (10) 7:00p Pool Closes	5:00a-11:00a Aerobic ONLY 11:00a-12:00p Aqua Dance (10) 12:00p-7:00p Aerobic/Open Swim 7:00p Pool Closes	8:00a-10:00a Open Swim/Aerobic 10:00a Open Swim 1:00p Pool Closes
18	19	20	21	22	23	24
CLOSED	5:00a-8:30a Aerobic ONLY 8:30a-9:30a Aqua Dance (10) 9:30a-5:30p Aerobic/Open Swim 5:30a-6:30p Water Aerobics (12) 7:00p Pool Closes	5:00a-8:15a Aerobic ONLY 8:15a-9:00a Water Aerobics (12) 9:00a-7:00p Aerobic/Open Swim 7:00p Pool Closes	5:00a-9:00a Aerobic ONLY 9:00a-7:00p Aerobic/Open Swim 7:00p Pool Closes	5:00a-8:15a Aerobic ONLY 8:15a-9:00a Water Aerobics (12) 9:00a-5:30p Aerobic/Open Swim 5:30p-6:30p Aqua Dance (10) 7:00p Pool Closes	5:00a-11:00a Aerobic ONLY 11:00a-12:00p Aqua Dance (10) 12:00p-7:00p Aerobic/Open Swim 7:00p Pool Closes	8:00a-10:00a Open Swim/Aerobic 10:00a Open Swim 1:00p Pool Closes
25	26	27	28	29	30	31
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