TUSCALOOSA COUNTY PARK AND RECREATION AUTHORITY
YOUTH GIRLS VOLLEYBALL LEAGUE BYLAWS 2019

I. NAME AND PURPOSE

A. The purpose of the Youth Girls Volleyball League is to provide an opportunity for the youth of Tuscaloosa County to participate in an organized volleyball league. This league will strive to teach good sportsmanship, teamwork, and the basic fundamentals of volleyball under the guidance of qualified adult leadership. The league's rules, regulations, and procedures are designed to create an ideal and appropriate learning environment while ensuring self-control and proper conduct of the players, coaches, and spectators. Having fun and learning, not always winning, are the main purposes of this league.

B. A youth volleyball advisory committee shall be appointed by the PARA Board to coordinate all youth volleyball activities. It is the duty of the respective advisory committee, in cooperation with the league supervisor, to supervise the program and enforce the rules, to divide teams in the league into divisions, and to hear and pass on all protest and complaints. The purpose of the Youth Girls Volleyball League advisory committee is to strengthen the administration of the youth volleyball program, formulate and regulate the by-laws of the league, generate community interest and support for the program, and provide PARA staff with guidance to improve our youth volleyball services.

C. League committees may be established for each of the leagues. These committees may be delegated responsibilities from the program supervisory and advisory committee.

II. REGISTRATION

A. Teams must turn in a completed roster and entry fee or letter of commitment signed by an individual able to commit the organization for payment of fees by the registration deadline, which is Friday August 16th, 2019.

B. All fees pending due to letter of commitment must be paid by the 4th scheduled volleyball match prior to 5:00 p.m. at a PARA office. Any team who has not had the fee in full paid by their fourth match risk having to forfeit matches until payment is received.

C. Each player must be on the team's roster or turn in an individual registration form and signed parent code of conduct.

D. Ages are determined by the age as of August 1st of the current year. Each coach is responsible for confirming the ages of participants on the team.

- For the 2019 season, the only division shall be 12 and Under. A player may not be older than 12 years of age as of August 1st, 2019 to be eligible to play. A player may not be younger than 10 years of age by August 1st, 2019 unless they receive league approval to play. Special permission may be granted by the league administrator for players who do not specifically meet the age requirements. The goal of the program is to get as many youth girls playing this sport as possible.

III. ROSTERS

A. Must have a minimum of 8 and maximum of 15 players listed.

B. No person is allowed to be on the roster of 2 different teams in the volleyball league.

- Violation of this rule shall result in forfeiture of game(s) in which ineligible player participated and suspension of player and coach/ team representative who inserted ineligible player in his/her lineup for a minimum of two games. Repeat violators of this rule will be handled by the advisory committee.

C. No team player of an Alabama High School Athletic Association team is eligible to participate in this league.

D. The team's coach is responsible for ensuring that players on his/her roster are eligible.

E. No player may be added to a team's roster after the **2nd** scheduled game.

- Except in special circumstances, a written request may be made to the league committee stating the reason for a roster addition. The committee will take such requests into consideration.

F. If or when it is brought to the attention of the program supervisor or volleyball advisory committee that a player is ineligible or not on a roster, an immediate investigation will be conducted that may result in suspension of said player and/or coach/team representative inserting said player into their lineup.

IV. PLAYING RULES

A. Teams may start with as few as 4. If a team is reduced to less than 4 players at any point during the match, the match will be forfeited.

B. GAME STARTS: A coin toss will determine service possession. The team who did not serve to start the first set shall serve to start the second set. A coin toss will determine possession, if a third set is necessary.

C. LENGTH OF MATCHES: All matches are best-of-three sets with rally scoring. A set is won by the first team to score 25 points with a minimum lead of two points. In the case of a 24-24 tie, play is continued until a two-point lead is achieved (30 point cap). However, if neither team is able to win the set by two points, the first team to score 30 points shall win the set, even if they only have a one-point lead. If a third set is necessary to determine a winner, it will be played to 15 points (20 point cap) with a minimum lead of two points. There will be a 2 minute break between sets. If the match winner is determined after two sets and time remains prior to the next scheduled match, teams may agree to play a third set for fun up until 15 minutes prior to the start of the next match or closing of the facility.

D. SCORING METHOD: All volleyball sets will be played with rally scoring.

E. SERVICE: The ball shall be hit with one hand or any part of the arm, and does not have to be tossed or released from the hand before being contacted. Underhand serves are allowed. The server may serve anywhere along the service line. For this league, the service line will be the marked 4.5 feet inside the end line of the volleyball court. Players may set the serve, but may not block or attack the serve. A lift call on a serve received is an official's judgment call and is final. A let serve is a legal serve (serves which hit the net and continue over the net). After 5 points in a row by one server, a sideout will be awarded.

F. HANGING STRUCTURES: A ball striking the ceiling, lights, or basketball goal and landing on the same side as the team that played it last is still in play, however if it lands on the opposite side it is considered to be a dead ball and a point is awarded to the opposing team.

G. EQUIPMENT: The game ball shall be the Wilson i-CORLIGHT Volley-Lite Game Ball. The net height for play will be 7 feet. Proper shoes are required. Players are not allowed to wear jewelry or hard braces that might injure them or someone else.

H. TIME OUTS: Teams will be allowed 2 time outs per set. Time outs will be 45 seconds in length. Time outs will not carry over.

I. SUBSTITUTIONS: Each team is allowed an unlimited amount of substitutions during a game; however, each player must play a minimum of 1/3 of each game. If a player is bleeding, the team must substitute for that player immediately. If a team drops below four people because of lack of available substitutes, that team automatically forfeits the game. No liberos (defensive specialist) are allowed.

J. TEAM BENCH: The HOME team designated on the schedule will occupy the bench to the left of the scorer's table. Only 2 coaches will be allowed to sit on the team's bench during the game. Only 1 coach will be allowed to stand while the game is in progress. No parents or spectators are allowed to sit on or behind the team bench

K. TEAM UNIFORM: Teams are responsible for providing their own uniforms. Each player must have a matching team jersey with a number on the back. No two players on the same team should have identical numbers.

L. PENALTIES: Teams may receive penalties for interfering with the serve or bodily contact with another player.

M. FORFEITS: A 10 minute grace period from game time will be allowed to field a team. The game will begin once the team's fourth player arrives.

N. EJECTIONS: Participants who are assed 2 unsportsmanlike conducts in a single match will be ejected from the game and asked to leave the facility immediately. Failure to leave the gym and facility grounds will result in forfeiture of game.

O. OFFICIATING: PARA will supply one official for each match. The referee will decide to use volunteer line judges before each match. All calls and rulings made by the match official are final. No protests are allowed.

V. POST SEASON TOURNAMENT

A. At the end of the seven-match regular season, PARA will schedule a single elimination tournament with teams seeded by regular season records.

B. Each manager is responsible for finding out time, date, and location of tournament games. Tournament brackets will be placed at each gym site for each team to find out date, time and location of next tournament game.

VI. PLAYER/COACH/PARTICIPANT/SPECTATOR CONDUCT

- ***PARA ATHLETIC PROGRAMS HAVE A ZERO TOLERANCE POLICY ON ANY AND ALL ACTS OF VIOLENCE, ASSAULT AND ABUSE. (VERBAL AND PHYSICAL). These include, but are not limited to: yelling, threatening, mocking, demeaning behavior and gestures, or making abusive statements in regard to a person's race, gender, religion, nationality, or age.*** Any violations may lead to a hearing by the advisory committee, arrest, and further disciplinary action up to and including termination of privileges to participate in all PARA activities, events, programs, and use of facilities.
- Any violations of the PARA volleyball by-laws will require a hearing before the volleyball advisory committee. If there is any adverse action taken by this committee the individual(s) involved will be notified of the committee's decision. The individual(s) involved will have 14 days after the notice has been sent to appeal the decision of the appropriate committee in writing.

VII. ALCOHOL/ILLEGAL SUBSTANCES

ALCOHOLIC BEVERAGES AND ANY ILLEGAL SUBSTANCE ARE NOT PERMITTED AT ANYTIME IN ANY OF THE GYM SITES. ANY PERSON DISCOVERED WITH ALCOHOLIC BEVERAGES OR ILLEGAL SUBSTANCES ON BUILDING PREMISES (INCLUDING PARKING LOTS) WILL BE SUSPENDED FROM THE PREMISES FOR THE REMAINDER OF THE SEASON. THIS RULE WILL BE STRICTLY ENFORCED.

VIII. INCLEMENT WEATHER

All games canceled due to inclement weather conditions will be rescheduled.

2019 NFHS Volleyball Rules Book will be used to address any item not covered above.